



Dr. Felice Carlton DNP, RN, FNP-C

Dr. Felice Carlton is a Doctor of Nursing Practice, Family Nurse Practitioner, Keynote Speaker, and Health Advisor. Dr. Carlton is a graduate of the University of North Carolina at Chapel Hill; and is a well-esteemed Integrative Health Coach certified by Duke University. She is the owner of Felice Carlton Enterprises LLC, a leadership development company specializing in burnout strategy and mindset development. Dr. Carlton helps busy leaders shift away from overwhelm and high levels of stress, to realignment with more peace, clarity, and fulfillment. Her coaching, consulting, retreats, and trainings equip leaders to design a life which includes a balanced mind, body, and spirit. She possesses 14 years of combined nursing and nurse practitioner experience, with awards from the National Institutes of Health and the Department of Veterans Affairs. Dr. Carlton's understanding of the unique physiological impacts of burnout allows her to translate this knowledge into targeted strategy for any industry. Her client past roster includes organizations such as Duke Health System, the National Institutes of Health, Society for Human Resources Management, and the National Association for Women Business Owners. For more information please visit: www.doctorfelice.com.

EDUCATION:

Doctor of Nursing Practice: Family Nurse Practitioner (Honors)
East Carolina University

Bachelor of Science in Nursing (BSN)
University of North Carolina at Chapel Hill

Integrative Health Coach Professional Certification Program
Duke University

One Million Black Women: Black in Business Graduate
Goldman Sachs